



Success...is all about being able to extend love to people...not in a big capital-letter sense but in the everyday, little by little, gesture by gesture, word by word.

Ralph Fiennes



Visit our Website

[www.MiddleboroCOA.com](http://www.MiddleboroCOA.com)

LENDING A HAND TO ALL



**Transportation:**

Daily transportation is available with radio dispatched, wheelchair equipped vehicles. Our professionally licensed drivers are CPR and First Aid certified.

Transportation for participants who live outside of Middleborough will be provided as possible, for an additional fee.

**Nutrition:**

The morning starts off with a warm continental breakfast. The group joins the daily luncheon program for a hot, nutritious lunch. A health snack is provided before participants head home for the day.

FAX NUMBER 508-946-2489

T.D.D. 508-946-4446

***“GOOD TIMES CLUB”***

*...where friends gather*



***An Adult Supportive Day Program***



***Middleborough Council on Aging***  
*558 Plymouth Street*  
*Middleborough, MA. 02346*  
***508-946-2490***

# *What is a Supportive Day Program?*

## *For Seniors it means:*

- Individual Attention
- Therapeutic recreation
- Protected Environment
- Nutritionally planned meals
- Respect for personal dignity

## *For their loved ones it means:*

- Family respite
- Option of keeping loved one at home
- Supplemental love and concern
- Affordable alternative to long-term care

## Socialization Activities

- Crafts
- Trivia
- Bingo
- Sing-a-longs
- Card games
- Group talks
- Scrabble
- Mystery trips

## **SCHEDULE**

- Full day, six hour services
- Convenient half day availability



This Supportive Day Program, fondly named, “The Good Times Club”, is a respite service, housed at the Middleboro Council on Aging, for senior members and their families. The program meets Monday through Friday from 8:45am to 2:45pm and provides therapeutic recreation with a variety of activities, nutritionally planned meals and monitored health needs to each member. All participants are given individual attention and respect for their personal dignity.

“Today there is a great need for respite among working families. Seniors in households where family members are working or in school all day, need to feel productive as well as secure and safe. The “Good Times Club” provides a schedule of activities that promote a feeling of acceptance and camaraderie in safe and secure surroundings.”

~ Susan Adams, Program Director

